

"We are all benefiting," Caroline says, reflecting on her family's experience with Catholic Charities' counseling service. "I'm really happy with how our kids have responded to the counseling sessions."

Caroline lives in a household with a mix of generations that sometimes produces friction. In the midst of this family dynamic, her son in particular was displaying some anger issues.

Caroline found a solution when the Catholic school her children attend sent a letter home about the availability of anger-management counseling. The results have been impressive. Both of her children have come up with rules of behavior they both abide by, which has greatly decreased tensions. For Caroline's full story, go to: ccfwsb.org/caroline.

Catholic Charities' mental health counseling services are currently in four Catholic schools. In an effort to serve more, Catholic Charities has launched the Hope to Healing Initiative. This initiative aims to raise the philanthropy needed to serve the 12% of Catholics living in our diocese who will someday need mental health services. Here is how you can help:

**HOST** 

Host a Hope to **Healing Event** 

INVEST

Invest in Services that will help thousands

VOLUNTEER

Volunteer your time and talent

JOIN

Join the Hope to **Healing Committee** in your County

\*Hope to Healing is an initiative designed to meet mental health counseling needs of the Catholic community [ccfwsb.org/hopetohealing]





ccfwsb.org/volunteer For more ways to serve those most in need, visit:

Organize a free mental health workshop with our clinical experts

Host a Hope to Healing Initiative event

Become a Parish Champion to represent the needs of your parish

Coordinate a food, hygiene, book, diaper or cleaning supply drive

Volunteer your time

Help us grow our services through a donation

CATHOLIC CHARITIES MAYS TO GET INVOLVED WITH

Permit No.899 Fort Wayne, PAID NON-PROFIT ORG





Ending poverty for today's children requires a two-generation approach, meaning we must assist both parents and children. A child's success depends on their family's ability to meet their needs. With our Bridge to Self-Sufficiency model (see below), your support empowers families to flourish. From assistance with basic needs through support for degree completion, job retention and management of finances, this approach helps individuals and

families become thriving members of our community. Studies have shown that every \$1 invested in a Two Gen family can return up to \$4 to society through first-generation benefits of decreased dependence on public assistance and increased taxable earnings. There are also second-generation benefits of increased lifetime earnings/taxes paid, and savings from costs associated with crime and special education. Learn more at EradicatePoverty.org.



**SOURCE:** Wilder Research

\*Dollar value per participant

# THE BRIDGE TO SELF-SUFFICIENCY

OUR PROGRAMS AND SERVICES OFFER LONG-TERM SOLUTIONS.

#### ALLEVIATING **POVERTY**

**FOOD PANTRIES** 

**FINANCIAL ASSISTANCE** Resource & Referral

#### MATERIAL ASSISTANCE

Resource & Referral, **Retired Senior** Volunteer Program (RSVP), Christmas Program

**MOBILE UNIT** 

#### HEALING MIND, **BODY & SPIRIT**

PREGNANCY COUNSELING/ **ADOPTION PLANNING** 

# **HEALTH ADVOCACY & SUPPORT**

Hispanic Health Advocate, ECHO in the support for prenatal and well-baby care

#### **COUNSELING SERVICES** (Please go to ccfwsb.org for more details.)

#### **CLINICAL LIAISON TO PARISHES**

SERVICES TO SURVIVORS OF HUMAN TRAFFICKING

RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)

#### BUILDING STRONG FUTURES

#### **HELPING TEEN PARENTS GRADUATE**

**Education Creates Hope** & Opportunity (ECHO)

# **HELPING LOW-INCOME**

**COLLEGE STUDENTS GRADUATE** Stay the Course"

### SUPPORTING HEALTHY

PARENT-CHILD RELATIONSHIPS Your Journey Together,

**ECHO** 

#### MENTORING YOUTH/HOMEWORK HELP

Children of Refugees,

National Youth Mentoring program

#### LEGAL IMMIGRATION SERVICES

#### DEVELOPING FINANCIAL SECURITY

#### **BUILDING SKILLS IN FINANCIAL MANAGEMENT**

VITA Tax & Financial Literacy Classes

#### TRAINING AND JOB PLACEMENT FOR SENIORS

Senior Community Services

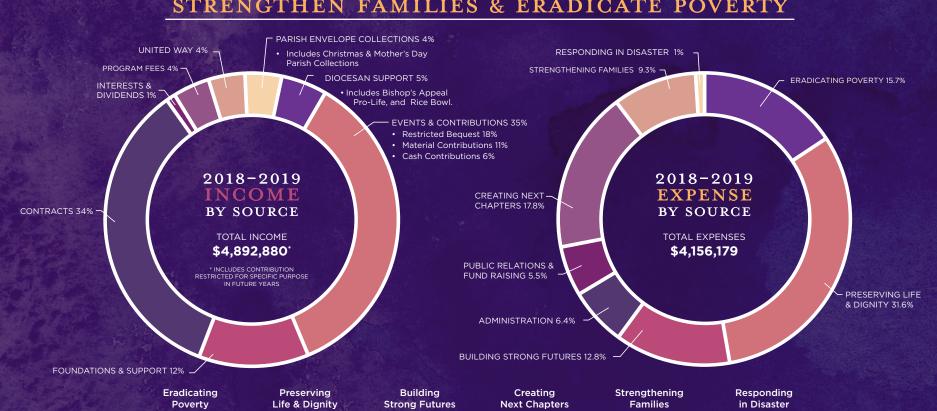
Employment Program (SCSEP)

# REFUGEE JOB DEVELOPMENT

## **COMMUNITY COLLABORATION**

Family Independence Cooperative with SCAN, Inc., Lutheran Social Services of IN and Brightpoint

# YOUR GIFT HELPS US STRENGTHEN FAMILIES & ERADICATE POVERTY



**Poverty** 

8,204

PEOPLE SERVED

1,804

PEOPLE SERVED

**Strong Futures** 

361

PEOPLE SERVED

**Next Chapters** 

6,166

PEOPLE SERVED

**Families** 

in Disaster

530 12 PEOPLE SERVED PEOPLE SERVED

17,077 FAMILIES SERVED